

# Behavioral Health Advisory Council

Sandston Public Library

23 E Williamsburg Rd.

Sandston, VA 23150

October 15<sup>th</sup>, 2014

## I. Attendance

Present: Katharine Hunter, Livia Jansen, Margaret Anne Lane, Rhonda Thissen, Anthony Duncan, Kathleen Levenston, Ron Pritchard, Anne Edgerton, Stephany Melton-Hardison, William Hart, Larry Almarode, Stephen Dawe, Heather Seaman, Betsy Lalla, Lynn DelaMer, Amanda Rode

Absent: Sherry Confer, Catharine Harrison, Susan D. Williams, William Williams, Lisa Moore, Jan Brown, Kati Dean, Cheryl Ann Bowman, Elizabeth Drapen, Becky Sterling, Lauren Ball, Jane Ellis, Tammy Farmer, Shannon Haworth, Mary Aab, Shatada Floyd-White

## II. Guests

Sarah Rudden, Karone Williams

## III. Opening of Business

Vice President Amanda Rode called the meeting to order at 10:05 am.

## IV. Welcome, Introductions, Public Comment

Went around the room and made introductions. Stephany Melton-Hardison from NAMI encouraged Council members to attend the NAMI walk this weekend. Rhonda and Mellie Randall will talk about funding at December's meeting. Rhonda also suggested we give organizational updates from the members of the council which was done after the committee meetings.

## V. Approval of Minutes

There was no quorum present to approve the minutes. They will be voted on at the next meeting.

## VI. Financial Update

Anne Edgerton, Treasurer, passed out the budget and expense sheet and explained that there were still leftover monies from the conference category of the budget for the year—so ask the ExCom early to attend those BHAC-relevant conferences. Also, the recovery dolls will be ordered by next meeting

## VII. Membership Update

Lynn DelaMer, chair of the Membership Committee, reported the number of vacancies remaining for the Council.

#### VIII. DBHDS Update

Rhonda Thissen reported on the current budget from the department. Between federal, mental block grant funds, and general assembly appropriated money there is \$4 million for the current fiscal year and \$4.6 million for next fiscal year. There has been research conducted by NIMH and Columbia University specifically for the youth population age 16-25 that suffer from first-episode psychosis. There is a program being developed called Coordinated Specialty Care for the CSBs in Alexandria, Fairfax, Loudoun, Western Tidewater, Rappahannock Rapidan, and Highlands. Alexandria CSB specifically asked for funding for housing. \$570,000 has been allotted for this project.

The Healthy Virginia plan developed through the governors access plan (GAP) has a goal to expand behavioral health and primary care services to uninsured individuals that have serious mental health issues. DMAS is working on the plan that will include outpatient services such as primary care and psychiatric care. The estimated number of eligible people that can't purchase their own insurance through the ACA is 20,000. GAP will be meeting the coverage gap, and Magellan and DMAS are very interested in including peer support services in GAP. They are looking at one on one peer support services and running a warm line from 1pm-10pm running into the weekends.

DBHDS is going through a transformation and has developed transformation teams that report to the commissioner. The goal for team members that represent private and public providers and also advocates will meet and develop recommendations to the commissioner to help with the transformation process. Updates and key deliverables will be reported at 6, 12, 18, and 24 months. They will recommend system improvements for DBHDS.

The Governor's Task Force has been discussing the number of deaths from prescription and heroin abuse amongst young people in the state, and are developing strategies and implementing alternative treatments like Naloxone. The executive order is on the governor's website. Rhonda also reported that she and Bonnie Neighbour are presenting at the Alternatives Conference 2014 on how state peer networks can collaborate with state agencies, since VOCAL and DBHDS have been working on several initiatives for years.

Lunch from 12:00- 1:00

IX. Presentation

Justine Larson, the Medical Director at the Arlington CSB, presented on integrative care in the CSB system and explained the benefits of the programs they have there.

Powerpoint presentation sent to all members.

X. Committee Meetings

Committee Meeting were not held. Instead, it was discussed in plenary what the agenda for December's meeting should look like. It was decided that the Council have a "Committee Meetings" refresher to explain and discuss the work of each committee.

XI. Adjournment

Adjourned at 2:43 pm